



2016 Buddy Track



TRACK AND FIELD EVENTS *for kids with special needs*
Ages 5 and up

non-competitive

*** **RUNNING RELAY!** *** **JAVELIN (turbojav)**
*** **100 METER RUN** *** **SHOT PUT (4lb)**
*** **LONG JUMP** *** **HURDLES**

No prior track and field experience required.

FREE

The Fun Awaits!

Buddy Track is Back! This is the 5th year of this terrific program! Join us for a three week session held at the Valley Regional High School track with well-respected local coaches and volunteers! Each player athlete will be teamed with a 'Buddy' to enjoy all aspects of our track and field program.

****Participants are encouraged to attend all three weeks of the session!****

May 4th - 5:00-6:30pm (Wednesday)
May 11th - 5:00-6:30pm (Wednesday)
May 18th - 5:00-6:30pm (Wednesday)

******Rain or shine!******

Register by mail to Deep River Parks and Recreation
(See other side/or page 2 for registration information)

If you have any questions or concerns, please feel free to contact
Danny Ryan (Valley Student) @ 860-767-1743 or
Deep River Parks & Recreation Office @ 860-526-6036

Thanks to our Proud Sponsors:

***Deep River Parks and Recreation, Deep River Pizza, Gorilla Graphics,
Wildwood Pediatrics, Child and Adult Orthodontics, Deep River Pizza,
MCVAC Environmental, Simon's Marketplace***

2016 REGISTRATION & WAIVER FORM

Buddy Track

ALL REGISTRATIONS MUST BE RECEIVED NO LATER THAN 4/27/16

****please try to register before Reg 4 school vacation begins 4/15****

Please Check One: Player Athlete: _____ Player's Buddy: _____ Adult Volunteer: _____

Athletes- ages 5 and up; Player's Buddy- grade 8 and up

Name: _____ DOB: _____

Male: _____ Female: _____ Grade: _____ Age on **5/04/16**: _____

Address: _____ Town: _____ Zip: _____

Parent or guardian's name (if a minor): _____

E-mail: _____ Alternate E-Mail: _____

Home Phone: _____ Cell Phone: _____

Emergency contact: _____ Phone: _____

Special considerations you would like to share (include allergies):

T-shirt size: (All Players, Player's Buddies and Volunteers will receive a T-shirt)

Youth: S _____ M _____ L _____ Adult: S _____ M _____ L _____ XL _____ XXL _____

I/We the parents or guardians of the above named participant hereby give approval for his/her participation in any and all Buddy Track activities. I/We assume all risks and hazards incident to such participation to and from such activities and do hereby waive, release, absolve and agree to hold harmless the aforementioned Deep River Parks and Recreation Commission, the Town of Deep River, Region 4 Schools and its facilities, its managers, coaches, organizers and sponsors, volunteer participants and supervisors, from any claim arising out of an injury to my/our child, whether the result of negligence or for any other cause, except to the extent in the amount covered by accident or liability insurance. I/We grant permission for my child to receive emergency medical treatment as necessary while participating in the Buddy Track program at Valley Regional high School fields sponsored by Deep River Parks and Recreation Commission.

I give permission to use photographs of my child for publicity _____ yes _____ no

Parent/Guardian signature if participant is a minor:

_____ Date: _____

Participant signature: _____ Date: _____

**Register by mail to:
Deep River Parks and Recreation
174 Main Street, Deep River, CT 06417**

Valley students who would like to be a player's buddy may return forms to Danny Ryan (11), Coach Woods' Room or to the main office