

Fall
2016



Deep River News

Vol. 21, No. 2

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High resolution images, 3000px or larger please.



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Coming Events

First Annual Tri-Town Veteran's Day Parade

November 5th from 1:00pm – 3:00pm
 Parade Route: Devitt's Field to
 Memorial Green, Deep River

Election Day

November 8th
 Deep River Public Library
 (Voting on lower level)

Stuff the Cruiser

November 13th from 10:00am - 2:00pm
 Adams Parking Lot
 Donations of non-perishable food go to the
 Deep River Food Pantry

Mrs. Claus will be Visiting the Deep River Public Library

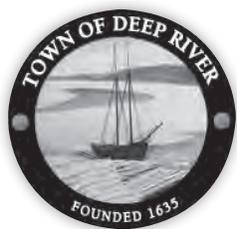
December 3rd at 1:30pm for a Special Story Time

Holiday Stroll

December 3rd from 5:00pm - 8:00pm
 Parks and Recreation will offer free horse and
 carriage rides, DRES chorus will sing holiday music
 and a special visit from Santa Claus.
 Visit our local merchants for extended hours
 and holiday treats.

Deep River Rotary Annual Wine Tasting

December 8th from 6:00pm – 9:00pm
 Shore Discount Liquors
 Bring non-perishable food items to support our
 community through the Deep River Food Pantries
 goal to feed our town's families in need.



Deep River News Fall 2016

Angus McDonald, First Selectman

John R. Kollmer, Designer & Editor

Gina Sopneski, Advertising

Printed by Essex Printing

To submit articles or ads,
 contact the Selectman's Office
 860-526-6020 or gsopneski@deeperiverct.us

www.deeperiverct.us



Cover Photo by Gina Sopneski

Selectman's News

Historically, and rightfully, Deep River was known as the “Queen of the Valley.” Her inhabitants embraced the title, bestowing it on our baseball team: the Queens. Whatever role geography and geology may have played in her success, it has always been the people, not the ground beneath us, who have been the authors of Deep River’s history. I don’t know when that wonderful sobriquet faded from use, but as with most communities, economic setbacks have occasionally dulled our pride, leaving us bereft, looking and feeling somewhat down at our heels. We have always recovered, but in the late 1990s, deterioration of the heart of our retail district threatened Main Street’s survival.

Faced once again with adversity, Deep River responded with a broad spectrum of resources: residents both native born and recent arrivals, business owners, individuals of influence, and one newly elected First Selectman, Richard Smith. Though drawn together largely by chance, they shared their combined imaginations, creating a synergy of minds. Their efforts set in motion a force that, over the next 26 years, would help ensure the continuing success of what is now recognized as Deep River’s greatest asset—a Main Street in the model of those that had historically sustained small towns of the past.

Most setbacks take an undetermined amount of time to be absorbed before forward motion can once again proceed. Government, unlike private life, does not allow for that luxury. In March, rocked by our latest and unprecedented challenge, we mourned, while simultaneously continuing to operate, no easy task with the captain of the boat missing.

Our community came together, lending support to help ensure that Deep River stayed afloat. Each and every employee came to work ready, willing, and able; the esprit de corps of the entire staff proved essential to maintaining a steady course. I realized early on that the prevailing attitude among Deep River residents, expressed many times over, is “what do you need, how can I help, if I can’t help, I’ll find the person who can.” Established patterns of conduct, especially when strengthened by the passing years, are not easily changed. Despite the emotional setback, we have not lost our compass, we have maintained our civility, and as we have in the past, we will move forward together, as a community, to set our future course.

Angus McDonald Jr., 1st Selectman



Board of Selectman: Angus L. McDonald, Jr. (center) , David Oliveria (left), & Duane Gates (right)

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Ask About Our Daily Specials

Selectman's News

Like so many changes of the past quarter century, the Deep River News was willed into existence by Dick Smith. Since 1995, beginning with Volume 1, Number 1, Dick's "Selectman's News" kept us up to date on the status of all things Deep River. Continuing the tradition, I offer the following update.

Kirtland / River Street

As of this writing, the Kirtland / River Street Area Sewer Expansion is tantalizingly near completion, but some work remains: paving has been completed... almost: the anticipated replacement of the Kirtland Street water main between Read Street and the Landing will not proceed until the coming Spring. The delay is disappointing, but disrupting, then replacing, a virtually new asphalt surface would have been wasteful. Also postponed is completion of the lateral line to Brewers Deep River Marina. Top soiling, seeding and cleanup will continue as scheduling allows.

Perhaps most important symbolically is the long-planned sidewalk link between River Lane and the Town Landing. Although construction along most of the one-third-mile distance should be straightforward, the pesky ledge outcrop in the area of the Phelps Lane intersection will complicate our work.

In a town so proud of its walk ability, whose history has been so tied to our riverfront, this gap is far greater than can be measured solely in lineal terms. Then there is the Smitty factor, illustrated by this excerpt from the Summer 2014 issue of the News, in which he discussed this very project:

"Fulfilling a long-time dream of mine, we will complete the pedestrian link between Main Street and the Town Landing by closing gaps in the sidewalk east of River Lane."

To the West—Bahr Road and Woodland Road

Woodland Road, off Warsaw Street, is barely a ¼ mile long, but to its residents, and the members of the John III Sobieski Club, its condition is of daily concern. Now, first milled to level the existing surface, it has been repaved with our standard two courses of asphalt.

It will provide a comfortable ride for years to come.

The area of Bahr Road, our other major highway rehabilitation effort, deserves a historical note: it comprises what was, until the mid-20th Century, some of Deep River's finest farmland. Then, in the 1950s, the well-drained, naturally irrigated soil became valued more for its fractions than for its ability to produce crops. Farming could not compete with mining, so where cows had grazed, machines now excavated; in place of an annual harvest of hay and corn, the land itself had become the crop. Soil, properly husbanded, can support crops indefinitely. But remove it, and the loss is permanent, a void that quickly fills with water, as evidenced by the string of ponds that lines Winthrop Road.

The mined-out acreage of the former Blakeslee-Arpaia-Chapman quarry, idled for 20 years or more, has found new purpose. Now, in addition to Joe's Tree Farm, which remained productive and eluded excavation (former First Selectman Joe Mizejeski, that is, who, in 1981, was the driving force behind the Town's purchase of the Plattwood property), Deep River Farms and Larimar Farm represent a substantial return to agriculture. Their ponds remain (nearly half of Larimar's acreage is water) but agriculture is back. We have come full circle.

Deep River Elementary School

As part of the contract between the Town and natural gas supplier UIL, we agreed to convert heating systems at Town Hall, the Library and at DRES from oil to gas. Because the boilers at Town Hall were so recently installed, conversion was relatively inexpensive, as was the unit at the Library. The cost at the Elementary School is significantly higher but is complete and, with Fall's chill in the air, is keeping keep young scholars comfortable as they grow and learn.

Despite these costs, the savings derived from switching from oil to natural gas will be substantial. Our businesses and residences will benefit as well, and taxes on the pipeline and related equipment will add to our General Fund.

Selectman's News, cont.

Town-wide Benefits: # 1] hidden from view

Two major inducements are wastewater treatment and natural gas. The sewer system, which initially served only Main Street, has been expanded over the past 25 years until it now protects the environment throughout most of the village. The more recent availability of natural gas, although limited to our Main Street corridor, it is of great interest to the commercial sector. Deep River is the only town for miles around with this range of services, most often limited to larger municipalities.

Town-wide Benefits: # 2] in plain sight

The Streetscape (Main Street's grant-funded, mile-long facelift, ten years in the making) has been a boon to residents; shopping has become a pure pleasure. And word has traveled—increasing numbers of visitors share our delight, an important source of support for our merchants. But look around: there's Plattwood Park, with its unique skateboard park, new ball field and fitness trail. The list goes on: Town Landing, Brockway Ferry canoe and kayak trail, Canfield Woods an off the beaten track similar conservation lands, Cockaponset Forest. Whether directly, by our personal use, or indirectly, through the visitors they attract, these facilities, too, are a town-wide benefit.

Mislick Drive

During 2016 we completed construction of Mislick Drive, the newest, as well as the shortest town road, tells a story of dedication to our community. And it is steeped in symbolism.

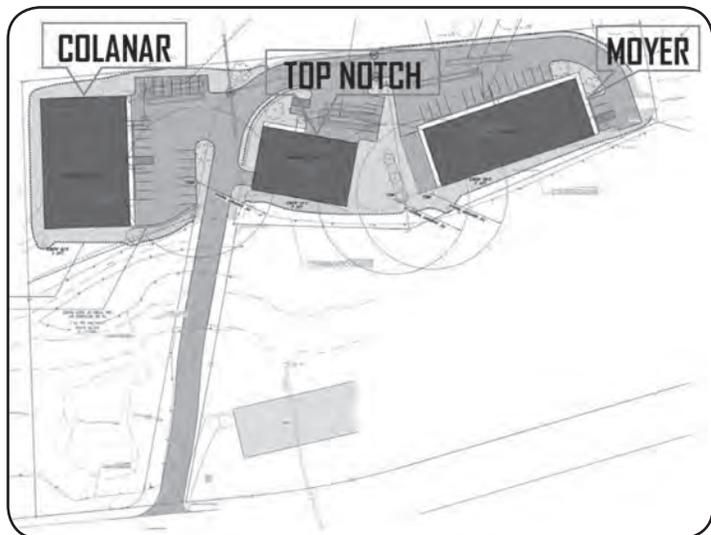
A year from now the occupants of Mislick Drive will join the dozens of small (and not-so-small) companies that comprise our industrial sector. Off the beaten track, or just unnoticed, they nevertheless form a substantial portion of the town's financial base. From one-man operations to round-the-clock industries that provide employment for hundreds of workers, the commercial / industrial sector is essential to Deep River's economy.

From the Board of Selectmen, through the roster of Town Agencies, Deep River maintains a keen interest in providing a business-friendly posture. We do our utmost to ensure that existing firms have access to the services and environment they require, and we spread the word to attract companies seeking new locations.

Then in the mid-1990s, the town took an innovative, pro-active step by taking on the task of actively supporting the efforts of entrepreneurs.



Selectman's News, cont.



We took Walt Mislick's idea (at his urging—he was happy to share his success): we offered what might be called “nurseries” for startup businesses, by creating an environment that included below market rentals, spaces in which entrepreneurs could grow their start-ups. The major difference was that while Walt funded his incubator spaces from his own pocket, thus launching launch a number of new businesses. Ours was underwritten by a grant.

Defining “Economic Development”

The 2013 Google Earth satellite image provides a chronology of the development of the Plattwood Industrial Park. The past year's expansion is shown as an overlay: the three new buildings, their fixtures and equipment, will enter our Grand List as construction progresses.

There is much more here than growing our tax base. Two of the “graduates” of our incubator building have far outgrown their spaces. Timothy Lee's Top Notch Electrical Services, LLC, has already moved from the Town's 500 Industrial Park Road into its new 6,144 square foot building.

Construction of a 12,000 square foot headquarters for COLANAR is scheduled for the Spring of 2017. Founded by Bernd Stroeter, COLANAR designs and manufactures advanced liquid filling and closing systems for the pharmaceutical industry.

The third, planned with expansion in mind, is the initial 6,000 square foot phase of Teague Moyer's rental building. Completed last year, it will grow to double its size as the market dictates.

The Walt Mislick Legacy – Reprinted from the 2015 Fall/Winter Issue

The next chapter of this story has its roots in the mid-90's, with conversations I had over a period of time, with Walter Mislick. Proper acknowledgement of Walt's legendary business acumen would require much more space than is available here. Suffice it to say that he was self-made, public-spirited and generous. He devoted space in his 500 Main Street industrial park to nurture young start-up businesses, in part by offering below-market rents. Some faltered, but Walt was patient: when they prospered, rents increased. Walt had grown up on his family's farm. Then, as a young man he built a successful business as a wholesale distributor of eggs. Chickens and eggs had been an integral part of his life - and his successful career. Appropriately, Walt called his reduced-rent spaces “incubators.”

In addition to my discussions with Walt Mislick I sought out other members of the business community and investors. Their consensus was that the key to success for startup businesses was low overhead, allowing them to spend their dollars on personnel and equipment. The idea that the Town could influence its own future by being pro-active was very appealing.

Deep River had benefited many times from more conventional grants. We had nothing to lose by simply proposing the Incubator concept. While most of our grant applications are written by the First Selectman office the grant that we proposed to construct the Incubator Building was through the Small Cities Program. Because of the complexities of Small Cities Grants, we utilize the expertise of consultant Dale Kroop.

Of the ten businesses that have benefited from the program, one built its own new building in the Plattwood Industrial Park, another purchased and renovated a vacant building in Deep River, two will soon occupy their own buildings in the new section of the Plattwood Industrial Park (freeing their space for remaining businesses to expand).

Selectman's News, cont.

Another of the Incubator entrepreneurs, whose success attracted the interest of a larger corporation, continues his employment—for the new owner. Only two of ten did not succeed.

It has been eighteen years since the initiation of the Incubator Program. Its success has enabled the Town to purchase 3.39 adjoining acres, sufficient for the three new, privately built and owned industrial buildings. We can all be proud of the success of Plattwood Industrial Park, from the Board of Selectmen to the Boards and Commissions and, finally, the residents of Deep River who, through the Town Meeting process, are ultimately responsible for our success - you always have the final say. On behalf of the Board of Selectmen, thank you for supporting our endeavors

Nothing Ventured, Nothing Gained

The short version: we were awarded \$400,000 to build Connecticut's first private/municipal, grant-funded Business Incubator. The purpose of the experiment was to promote small businesses and, as a result of their success, increase employment opportunities.

As Walt Mislick had done, we offered young startups the opportunity to move from basements, back yard garages and substandard commercial buildings into modern industrial space. Initially their rent would be at below-market rates

Then, as the business flourished, rents would increase. Finally, on sound footing and ready to compete in the open market, the fledglings could safely leave the nest. The incubator space they freed would then be available to help the next home-grown business begin its climb. As important as stimulating the growth of young startups, Small Cities required that the businesses expand the employment base, especially in the area of low to moderate jobs. It was the Town's responsibility to see that employment goals were achieved, and that the investment of public funds in an untested venture was safeguarded. I am pleased to say that Deep River exceeded the number of jobs required as a condition of the grant.

A Successful Program

I am happy to report that the Business Incubator Program has proved to be more than just a safe investment; it has far exceeded our early estimates. Of the ten businesses that have benefited from the program, one built its own new building in the Plattwood Industrial Park, another purchased and renovated a vacant building in Deep River, two will soon occupy their own buildings in the new section of the Plattwood Industrial Park (freeing their space for remaining businesses to expand).

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Recognizing a Mentor

In honor of Walter Mislick, whose idea began it all, the Board of Selectmen voted unanimously to choose Mislick Drive as the name of the new road that will lead to the fruits of his vision.

Dick Smith

Walt Mislick Legacy - reprinted from Fall/Winter 2015 Issue Vol. 19 No. 3



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Town Clerk's Office

Presidential Election

It's Presidential Election season and the Town Clerk's office has been hard at work preparing for the big day. Absentee Ballots will become available on October 7th for the November Election. If you will be away at school or unable to vote in person due to absence from town, sickness or disability, you may apply for an absentee ballot anytime. Visit the Town Clerk Department on our website at www.deepriverct.us to download an application or visit the Town Clerk's office which now offers evening hours until 6:30 on Thursdays. Election Day is Tuesday, November 8, 2016. Voting will be at the Deep River Public Library Community Room at 150 Main Street between the hours of 6:00 a.m. to 8:00 p.m.

Justice of the Peace

There are ten Justice of the Peace openings available for registered voters who have not been affiliated with

a Major Party since May 1, 2016. Applications for appointment by the Town Clerk are available on our website at www.deepriverct.us under Town Clerk Department or just visit the office between August 1, and November 1, 2016. If the number of applicants exceeds the number of openings, the Town Clerk shall select by lottery all applicants to be appointed. Justices of the Peace will begin their term on January 2, 2017 until January 4, 2021.

There's a new face in the Town Clerk's Office

Come in and welcome our new Assistant Town Clerk, Joyce Berardis. Joyce has been a Deep River resident since 2003 with her husband Dave and children D.J, Michael and Kim. The next time you're in the Town Hall, come on over to the Town Clerk's office and say, "Hi"!

Marriages

Brian C. Zito & Rachelle L. Goddiess	04/30/2016
Steven M. Rowen & Elizabeth H. Learned	05/07/2016
Seth G. Mitchell & Hannah M. Diffendall	05/13/2016
Eric A. Rainville & Heather M. Gilbert	05/14/2016
Shawn J. Daigle & Elizabeth E. Callinan	05/21/2016
Alexander D. Griffith & Molly K. Penkala	05/27/2016
Joshua D. Chouinard & Christine E. Hunt	05/27/2016
Michael T. Cardell & Samielle H. Goldman	05/28/2016
Ashton C.M. Harris & Sage E. Barton	05/29/2016
Timothy M. Dime & Jessica E. Stiefel	06/04/2016
Raymond W. Flint & Debra S. Karol	06/11/2016
Brian D. Beisser & Aimee L. Adamo	06/14/2016
Richard T. Kleber, III & Mary K. Pugliese	06/18/2016
Macon W. Foscue, IV & Margaret M. Meloy	06/24/2016
John B. Van Lonkhuyzen & Erin E. Donovan	06/25/2016
Chad W. Zawisza & Melissa D. Cavrell	06/25/2016
Wayne D. Vetre & Jacklyn A. Belmonte	06/29/2016
Devyn P. Kittle & Lauren E. Merriam	07/01/2016
Ryan P. Radicchi & Johanna L. Cowger	07/08/2016
Jonathan L. Santos & Alyssa R. Butler	07/08/2016
Sheraz A. Bhatti & Amy B. Wysowski	07/15/2016
Jeffrey D. Mahmood & Michele C. Heverly	07/22/2016
Christopher G. Bolin & Natasha Billie	07/23/2016

Town Clerk's Office, cont.

Passings

Richard Apgar	391 Main Street, #504	04/29/2016
John Edward Larson	7 High Street	05/08/2016
Raymond R. Baginski	10 Prospect Street	05/27/2016
Sean M. Burns	38 Rattling Valley Road	05/31/2016
Rhonda Carter	92 Main Street, #203	06/17/2016
Justine Jolie	65 Witch Hazel Drive	06/18/2016
George W. Lynch, III	24 Shailer Pond Road	07/01/2016

Welcome New Residents & Property Owners

Chad J. & Ashley M. Precourt	62 Stanwoll Hill Road	05/03/2016
Gary A. Linebaugh	15 Pinewood Trail	05/04/2016
Alyssa L. Moninares	77 Scenic View Drive, #4	05/10/2016
Timothy J. & Dolores A. Krauth	82 West Bridge Street	05/16/2016
Brad Erkkila	7 Village Street	05/20/2016
Dana M. Urban	15 Union Street	06/01/2016
Brittany M. Bartlett	55 Tower Hill Road	06/20/2016
Paul J, Jr. & Alletta H. Spielman	29 Union Street	06/21/2016
Jeanne M. Naranjo	93 Rattling Valley Road	06/28/2016
Edward F. Leonard	39 Winterberry Road	06/30/2016
Gary & Kim Clark	46 Laurel Wood Drive	06/30/2016
Caitlyn M. Butler & Benjamin A. Bellows	187 Rattling Valley Road	07/08/2016
John C. & Jennifer C. Nickel	16 River Road	07/08/2016
Bryan M. & Alyssa K. Ingram	8 Southworth Street	07/13/2016
Jeffery A. & Dorothy Demichael	391 Main Street, #204	07/15/2016
Michael S. Goergen	65 Whittlesey Brook Road	07/18/2016

New Trade Name Filings

Jessica Searles	Blissfull Beauty	05/05/2016
Rosemerry & Patricia Unan	My Best Doodle	05/12/2016
Peter G. McKenna	The Nautical Arts Workshop, LLC	06/20/2016
Monica Gonzalez	M+M Cleaning	07/05/2016

Board and Commission Vacancies

If you are a registered voter and are interested in serving on a Board or Commission, please contact the Selectmen's Office at 860-526-6020. Currently there are vacancies on the following Boards:

Community Health Committee	term to expire 12-01-2016
Economic Development Commission	term to expire 12-01-2016
Parks & Recreation Commission	term to expire 12-01-2016
Parks & Recreation Commission	term to expire 12-01-2016
Parks & Recreation Commission	term to expire 12-01-2017
Planning & Zoning Commission (Alternate)	term to expire 12-01-2016

Regional Agencies

Agent for the Elderly
CATV Advisory Council District V
Long Island Sound Council

Assessor's Office

Current Available Programs & Application Filing Dates:

Active Members of the U.S. Armed Forces – Any active member of the United States Armed Forces (defined as United States Army, Navy, Marine Corps, Coast Guard, and Air Force and any reserve component thereof, including the Connecticut National Guard) is eligible for the **exemption of one motor vehicle**. Applications for the exemption **must be completed annually** and submitted to the Assessor's Office not later than the December 31st following the date on which property tax is due in the town in which the motor vehicle is registered.

Veterans are reminded to **record** their Honorable Discharge papers (DD214) with the Town Clerk's office on or before October 1, 2016. Those veterans who have already recorded their **DD214** do not need to file again.

Additional Veteran's Program - The filing period for this program began on February 1, 2016 and runs through October 1, 2016. This program has age and income levels which are established by the State and must be met by the applicant to qualify. The State maximum allowable income for single applicants is currently \$35,200 and the maximum income allowable for married applicants is \$42,900. Please note proof of income is required when filing. Income includes all taxable and nontaxable income as well as social security income.

Totally Disabled or Blind residents are entitled to an exemption. Criteria and applications for this exemption are available in the Assessor's Office or online. All applications must be filed on or before **October 1, 2016** to be considered for the 2016 Grand List.

Farm or Forest Use Program - New applications are available for property owners claiming land as Farming or Forest use and need to be filed with the Assessor before October 31, 2016. A working income bearing farm is necessary to be considered for the Farm Program. To be considered for the Forestry Program, a minimum of 25 acres, not including the home site, is required and property owners must have a **certificate from the Forestry Department** dated on or before **October 1, 2016**. Please stop in the Assessor's Office to receive guidelines and applications for both programs.

Address Changes for Real Estate and Personal Property -It is important that you report your address change to

EITHER the Assessor's or Tax Collector's Office. Our records must be updated with the most current address to insure that you're receiving all proper notifications. Motor Vehicle mailing addresses are generated from your **registration with the Department of Motor Vehicles (DMV)** and can only be updated through the DMV.

Additional information for the above programs is also available in the Assessor's section on the Deep River website www.deepriverct.us.

Personal Property Declarations:

Business Personal Property Declarations – If you operate a business or lease equipment within the Town of Deep River, a Personal Property Declaration must be filed with the Assessor's Office on or before **November 1, 2016**. Personal Property Declarations will be mailed to all existing business and personal property accounts during the last two weeks of September. If the declaration is not returned, this office must apply a **25% penalty** to your estimated assessment.

The personal property declaration should include all furniture, fixtures, equipment and machinery of all commercial and industrial businesses. The declaration should also include all **unregistered motor vehicles**, snowmobiles, farm machinery and horses. Non-business accounts should also declare **unregistered motor vehicles**, snowmobiles, farm machinery and horses that are present on your property. Please note, if your vehicles, snowmobiles or trailers are registered in another state and garaged in the Town of Deep River, they are considered taxable and must also be reported.

Manufacturing Machinery Exemption Applications – Applications for this exemption for those that meet the requirements must be filed by November 1, 2016.

If you have received a personal property declaration and **did not operate a business or have an unregistered motor vehicle** in Deep River as of October 1, 2016 you must complete the Affidavit on the front page of the declaration and return it to the Assessor's Office prior to November 1, 2016. This signed affidavit is mandatory as proof to allow the Assessor to remove you from the 2016 Grand List. If the declaration is not received, a value for the account will be estimated and a 25% penalty will be added in accordance with Connecticut State Statutes.

Assessor's Office, cont.

PLEASE NOTE: If you do not receive a personal property declaration and you operate a business in the Town of Deep River, it is your responsibility according to Connecticut State Statutes to file one.

If you have not receive a declaration, you can obtain one in the Assessor's Office or online at www.deepriverct.us. Online, forms are located on the Assessor's section in 'Downloadable Forms'.

If you did not receive a Personal Property Declaration, it does not preclude you from filing.

If you have any questions on the requirements or how to file your declaration, we would be happy to assist you. Please call our office at 860-526-6029.

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Community Health Committee



I recently had the pleasure of speaking with Rosie Bininger. The Community Health Committee (CHC) has worked closely with Rosie for the five years she has worked for the town of Deep River. That being said, I had little understanding of the scope of her work.

Rosie is a Social Worker. A job that, in my opinion, requires a deep caring for others. It does not take long to realize that this is one her strongest assets. Rosie administers programs for those in need on Federal, State and Local levels. Drug plans, heat assistance, housing, helping others to understand and navigate Medicare, seeing that ALL children have toys at Christmas and families have what they need to celebrate the holidays are but a few of her duties. CHC works most closely with Rosie in seeing that the Deep River food pantry is well stocked so that no one goes hungry. This is accomplished through food drives and fundraisers throughout the year and depends on YOU. None of this can be accomplished without the generosity of folks just like you. Deep River is blessed to have so many generous citizens. Neighbors helping neighbors.

Rosie shares her time and work between Deep River and Chester. Deep River hours are Tuesdays 9am-12 and Thursdays 1pm-4p

For those unable to come during these hours, Rosie is available at other times by making an appointment. She can be reached at 860 526-6033.

If you call Rosie with a need that she is not able to directly help with, she is usually able to point you in the direction of someone who can.

Thank you!

Grace Krick
Community Health Committee

Deep River Social Services

Energy Assistance

As the weather turns colder, statewide energy assistance programs that help residents with heating bills and conserving energy will begin. Programs are available from September 15 through March 31. Connecticut Energy Assistance Program (CEAP) helps income eligible households pay their heating bills. State Appropriated Fuel Assistance (SAFA) helps the elderly and disabled individuals with their heating bills. If you received assistance last winter, you must reapply each year to receive additional assistance. Deliverable fuel applicants, (oil, propane, kerosene, coal, wood) are urged to apply early, as deliveries will begin November 15th. To make an appointment to fill out an application, please contact Rosie Bininger at 526-6033, Tuesday morning or Thursday afternoon or leave a message with your name, phone number, and best time to reach you.

Operation Fuel

Operation Fuel is a statewide private, nonprofit organization that provides emergency energy assistance to: low income and moderate income, elderly, and disabled households, which are either ineligible for government energy assistance or have exhausted their benefits. Eligibility is determined by Deep River Social Services and is based upon review of a client's completed application and satisfactory documentation of household's income, and crisis situation. For the 2016-2017 program year, household income for a 12-month period must fall between 200% of the federal poverty guidelines and 100% of the state median household income.

The Operation Fuel season begins December 1, 2016 and runs through May 31, 2017 or when funding runs out.

Contact Deep River Social Services (526-6033) to see if you qualify.

Rosie Bininger, Social Service Director

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Rock Steady Boxing



Rock Steady Boxing for People with Parkinson's Comes to Squared Circle Studio, Deep River

Britt is working with Squared Circle Studio in Deep River to develop a schedule of classes for individuals with Parkinson's disease who live in the area. Anyone interested in classes should contact Squared Circle Studio at 860 526 8738 or Britt at 860-301-9291.

Rock Steady Boxing, a unique exercise program, based on training used by boxing pros, and adapted to people with Parkinson's disease, will now be available at Squared Circle Studio in Deep River CT. The program involves regular exercises, such as stretching, running, jump-roping, push-ups, balancing and lots of non-contact boxing, led by experienced trainers/coaches. Rock Steady Boxing serves both men and women of all ages.

It is estimated that 1-1.5 million Americans have Parkinson's disease.

"We are so fortunate to be able to bring this program to Deep River and the surrounding area towns" said Britt Nystrom, who is a certified Rock Steady Boxing coach.

The Rock Steady Boxing Method was developed in Indianapolis over the course of seven years. In 2012, the Training Camp was launched to share the Rock Steady Boxing Method with other people who are fighting back against Parkinson's. Today, there are 266 Rock Steady Boxing affiliates in 43 states, and 5 countries, initiated by certified Rock Steady Boxing "Coaches." All completed the requirements of Rock Steady Boxing and have been officially certified in the Rock Steady Boxing headquarters and training center in Indianapolis. For additional information about Rock Steady Boxing Middlesex County, visit Middlesex.rsaffiliate.com or www.squaredcirclect.com. Additional information about Rock Steady Boxing Inc. and Parkinson's disease is available at www.rocksteadyboxing.org.



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SATURDAY, NOVEMBER 5, 2016

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Call Jane (Deuse) Cable (USN 1968-1971) at 860-204-9473, text 602-622-5946 or email cable_jane@yahoo.com for any questions, if you would like to help in any way or if you will need a transport vehicle during the parade.

More information to follow through radio, newspaper, flyers and posters.



ARE YOU ELIGIBLE TO JOIN THE AMERICAN LEGION???

We are the world's largest Wartime Veterans Organization with 15,000 community-level Posts - one right here in Deep River!

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- * The care of Active-Duty Personnel, Veterans and their Families
- * A strong National Defense, Law and Order, and Homeland Security
- * Instilling a sense of Patriotism and Americanism in our Communities
- * To care for and to provide for our Nation's Children and Youth

..... and we serve our Communities through programs such as American Legion Baseball, Boys and Girls State, High School Patriotic Oratorical Contests, Scholarships, Financial Aid for Veterans, Junior Shooting Sports and assistance with VA Benefits – just to name a few!

ARE YOU READY TO JOIN???

Male and Female Veterans only need one day of Active Duty during Wartime, regardless of where you were stationed! And your Female relatives may be eligible to join the Ladies Auxiliary, too! Are you a Motorcycle enthusiast? We have the Legion Riders Program for you! But remember that you're never obligated to be more involved than your own level of comfort!

For further information or to locate any other local Post near you please call:
Cheryl Ely-DeCarlo, Commander of Post 61 in Deep River, at (860) 227-7712

Deep River Rotary Club



Picture from Right to Left: Rotary chairman, Stacia Rice-Libby, Russ Arigoni, Tiny Tiezzi, Madison Tiezzi and Gina Sopneski

We welcomed our first Student of the Month of the academic year, junior Madison Tiezzi. She was introduced by Gina Sopneski and her VRHS history teacher Russ Arrigoni. Mr. Arrigoni explained that Maddy was in an American Studies class co-taught by the history and English departments (Jill Esernia). As they go through history they consider literature of the time and how it illustrates the context of history. Maddy's writing and participation excel and are a role model for other students. Madison said that she was surprised at how well she liked the class, as she prefers math and science normally. She has really applied herself and kept up with the homework. She had to write an essay on Frederick Douglass and the argument about whether the federal government should pay reparations to the descendants of slaves (her position was "no"). Madison said that she loves the diversity at VRHS. She is currently taking courses in French, photography, and American history. She also participates in on-line virtual high school classes. She is looking forward to attending college and someday becoming a surgeon. Her mother noted that Maddy has wanted to be a doctor since first grade and has never wavered from that goal.

Oktoberfest

Deep River Rotaries 5th Annual Oktoberfest was a huge success. It was held at the Historical Societies carriage house with over 175 attendees. Funds raised with this event help our small (but mighty) club support many humanitarian causes both locally and abroad.

We would like to thank each and every sponsor and all our guests. It was an amazing evening.

- **\$450 Table Sponsors:** RE/MAX Valley Shore – Genovali Realty, MOB FIT, Art Linares, Tower Laboratories, LTD., Squared Circle Studio, Deep River Farms, CablePrep, Wells Thomas, Whelen, Enterprise Computer, Brewer Pilot Point Marina, Essex Savings Bank, Martinez Painting Co., Bob's Discount Furniture, MahoneySabol, iCRV Radio, Rattling Ridge LLC, Ivan Zavala
- **\$350 Sponsors:** Interpro
- **\$250 Sponsors:** Middlesex Community College - Haynes Group Inc.
- **\$150 Sponsors:** The Ivory Restaurant - The Clark Group - Shore Discount Liquors
- **In-kind Sponsors:** Lyme-Old Lyme Jr Women Club - Chabaso - Essex Mail Mart - Pink Tulip

Thank you all.



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Tri-Town Youth Services



Tri-Town Youth Services has spearheaded Healthy Communities • Healthy Youth since 2005. Hats off to you for the many ways you build youth assets, whether through being a positive role model, coaching a sport team, involved in your child's school, or contributing to service projects. Thank you for making a difference!

Tri-Town's Community Email is a way to keep parents/guardians updated on community events, asset building information, and important issues affecting our children. (We won't share your email address, nor use this forum for fundraising.)

If you would like to receive our Community Emails, please go to our website: www.tritownys.org. The form is right there on the home page. Fill in your information and click on "Submit." Questions? Call Tri-Town at 860-526-3600. Thanks!

Dr. Chris Scruggs, Dave & the staff at DRAH are devoted to the health and welfare of your pet - call to schedule an appointment today - we would love to meet you!

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Dave



Dr. Chris



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Transfer Station

Cutting The Cost of Waste

Google's satellite image provides the perfect backdrop for a navigational view of our 21st Century Transfer Station, see next page. Quite a difference from the old days, when disposing of unwanted material of any description was cheap and uncomplicated: everything went to The Dump.

As dumps filled to capacity and we became environmentally aware, we developed a solution: the Transfer Station. Ours occupies our most recent dump (by then politely renamed the Landfill. The site of our earlier dump is now our Public Works Department headquarters.

Hydraulic compacting and trucking was substantially more expensive, so we learned to recycle, a chore far less onerous with the advent of the revolutionary Single Stream. Pizza boxes, milk cartons and a host of other materials are now on the recycle list. We benefit environmentally...and financially. As recycling has grown, we've seen a decrease in MSW: Municipal Solid Waste, otherwise known as household trash or, simply, garbage.

Although there is no charge for processing recyclables, everything that goes through the compactor costs nearly 40 cents a pound. Not so much? That's the current charge: \$76.50 / ton. At the rate we dispose—300 tons per month—the total is substantial (and it does not include maintenance—and eventual replacement—of the machinery. A couple of bottles here, a bundle of magazines there, some pizza boxes, a few milk or juice cartons—every pound of recycling we divert from the hopper to the rolloff does double duty by saving tax dollars and protecting the environment our children will inherit.

The map and illustrated guide are necessarily incomplete. The list of recyclables is long and detailed. For answers concerning disposal of less obvious materials, please stop at the office and check with attendant Paul Koritkoski.

Single-Stream Recycling Guide

DO RECYCLE:

		
Cardboard, newspapers & inserts, magazines, junk mail, catalogs, white & colored paper, shoe boxes, computer paper, cereal boxes	All #1 - #2 plastic containers under 3 gallons (no caps)	Aluminum, steel, tin & food trays, foil & cans
		
Plastic beverage & food containers 3 - #7 up to 3 liters	Milk & juice cartons also Milk & juice boxes	Glass food & beverage jars, bottles & jugs
		
Large plastic items such as toys, recycling bins, coolers, baskets, containers & buckets		

DO NOT RECYCLE:

			
Plastic bags, all black plastic: compactor	Cookware (glass, ceramic): compactor. (metal): metals bin	Hazardous materials containers: paint, anti-freeze, etc: compactor	Windows, drinking glasses, incandescent bulbs: compactor

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Air Conditioners



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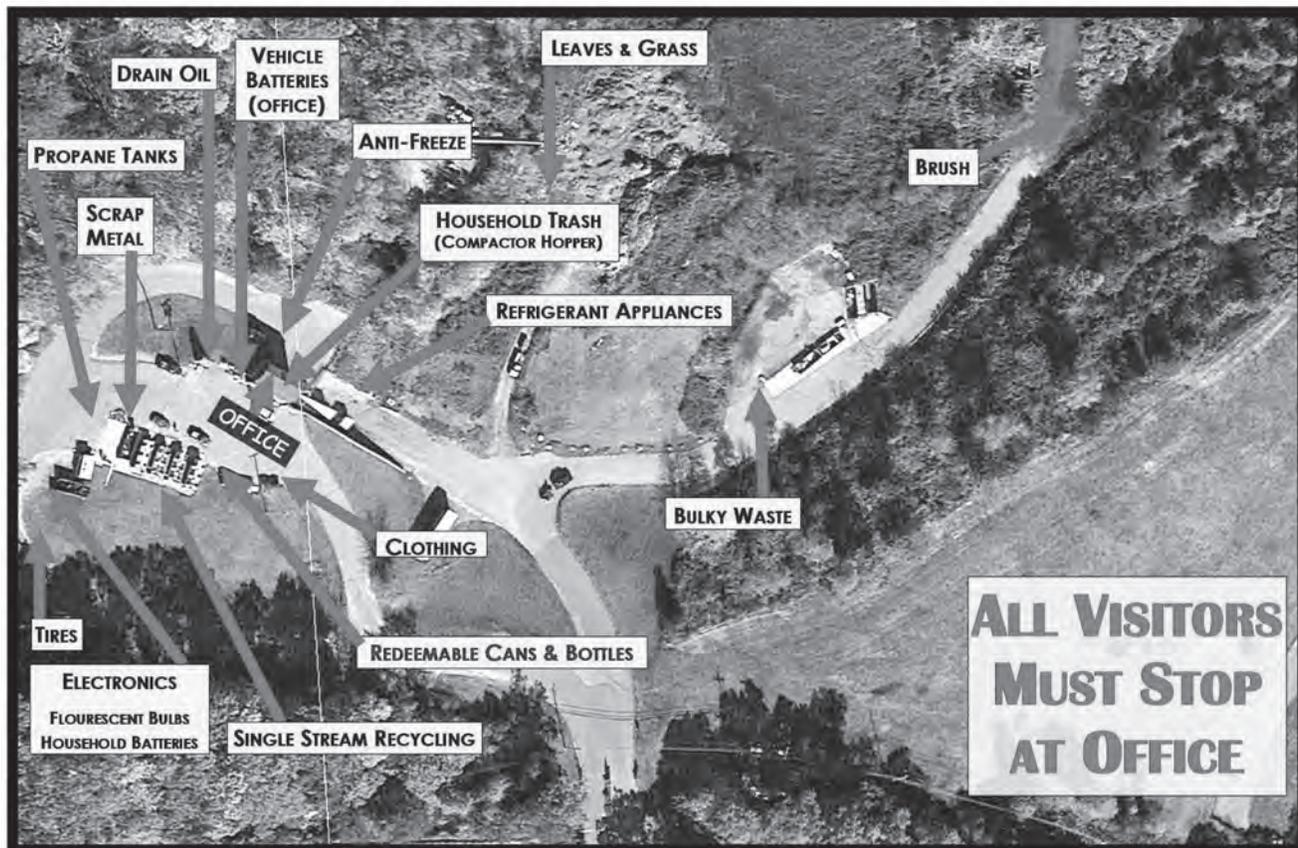


Dehumidifiers



See Attendant for fee schedule

Transfer Station, cont.



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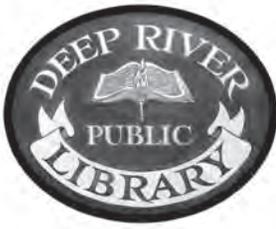


AUTO BODY REPAIR TIPS

- Preserve your vehicle's value and your safety by having it repaired professionally.
- You have the right to go to the repair shop of your choice. Your insurance company cannot require you to go to a particular shop.
- Some insurance companies may want you to visit their drive-in claims center before having your car repaired. You can do this, or you may leave your car at our shop and ask that the insurance company inspect the car here.
- Differences in repair estimates are common. A lower estimate may not include all necessary work. If you're not sure why one estimate is different from another you've received, please ask us.
- You are not required by law to obtain more than one estimate or appraisal.

YOUR CAR, YOUR CHOICE

Deep River Public Library



All of our programs are free and open to the public. Check out our monthly calendar to see what's on offer. View our calendar online: <http://deepriverlibrary.accountsupport.com>, or stop in to pick up a copy.

Let's Talk Books

Deep River Library has a monthly book club that meets on the third Wednesday of each month at 1:00 pm. Occasionally we'll watch a critically acclaimed film instead of a book discussion.

Programs

September - The Wellness Champions present The Key to a Stress-Free Lifestyle. Call the library to reserve your spot to enjoy a delicious and free healthful lunch and talk by Dr. Keith Mirante. Registration is limited to 15 participants. Tuesday, September 13th at 1:30PM.

Have a Collection?

We'd love to share your collection with the community! We have two great display cases, so if you have something interesting to share, give us a call.

eBooks!

You can download FREE ebooks and audiobooks with your Deep River Library card. We have two platforms, OverDrive and OneClick. Find a link to both of these subscriptions on the home page of our website.

We had an amazing Summer Reading Program here at the library! We enjoyed visits from World Class Frisbee, Zumba, DJ Dave and hosted live animal programs and family yoga! This year, participants who read and logged online won a custom Deep River Public Library t-shirts, as well as goodies from local businesses. Miss Elaine would like to personally thank Deep River Pizza, Main Street Sweet Shoppe, Dough on Main and Deep River Chips for supporting our program!!



Next up, we are gearing up for some fabulous fall fun in

the Children's Department with Miss Elaine! We will continue our FUN FRIDAY'S at 10:30 am for the pre-school set, which is a mix of story times, music and movement and open play. Be on the look out for some special FUN FRIDAY guests, like ABC Amigos and Yoga for Youngsters or special activities, like the popular Deep River Drive In!

We will also continue our Brick Bunch Lego construction on select Thursday afternoons at 3:45 pm. All are welcome! We have small selection of large blocks for the younger kids. See our newsletter or check our schedule online to find out when! In addition, Miss Elaine will be bringing back Cooking Club in September. Be on the look out for registration for this program!

Looking ahead, mark your calendars for Mrs. Claus's visit to the library on December 3 at 1:30 pm for a special story time. Learn about what Christmas means to her and have all your questions about life with Santa ready for her visit!!

Want to be in the know for all Children's programs? Email Miss Elaine at drplchildrensdept@gmail.com and have her add your email to her list!

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Dry Pants Model Yacht Club

Beauty on the Water: J-Class Sailboats at Plattwood



Brian Kerrigan's "Ranger" under sail.

Plattwood Park pond has become a favorite spot for Dry Pants Model Yacht Club

(DPMYC) members to race radio-controlled model sailboats. There are a number of reasons. The pond is large enough to allow a wide assortment of boat sizes to sail, ranging from "Footy's" (12" long) to stately J-Class boats (7-8 1/2 feet long). The pond allows for good visibility as skippers can walk along the eastern bank to keep a close watch on their craft while racing. The pond also provides easy access to the water. And, lastly, the pond has few obstructions around it that make the wind direction relatively predictable.



Brian Kerrigan's beautiful scale model of "Ranger"- a famous J of the late 1930s. Note the detail work on the deck.

Today, there are over 30 different classes of boats racing here in the USA. DPMYC members primarily sail CR-914s - 36" long and a very popular national class. Members of the Club also actively race other classes and compete at a number throughout the northeast.

The largest models are called J-Boats, named after the grand yachts

of the 1930's owned by wealthy owners in the US and UK. These boats are about 7-8' feet long, have masts that are 10 feet high, and weigh-in at just under 100 lbs.. Not surprisingly, launching one of these beauties is a two person job. Once they are in the water, there is nothing more beautiful in the model sailing world than watching these boats sail and compete. They, however, need larger ponds to race. When you see one at Plattwood, they are there for demonstrations or testing. You can't miss them.

Two of the most active J-boat US sailors are local individuals. Chuck Luscomb of Deep River is also a leading source of hulls for the different models of these boats. Brian Kerrigan of Essex also fabricates kit parts and makes high quality sails.

Members of DPMYC welcome bystanders to learn about RC model sailing and are happy to give the inquisitive a chance to try sailing. To learn more about our Club, just google Dry Pants Model Yacht Club. Our website has lots of information including videos of the boats in action. Or, feel free to call Jim Godsmann (Club Secretary) at 860-767-5052 for help.



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Deep River Garden Club



What an absolutely amazing summer we have enjoyed. Aside from the rain deficiency and drought it has been wonderful. So, a great big thank you to all the volunteers who watered our various town locations to keep Deep River beautiful. Thank you also to all those who attended our annual Mad Hatter garden party at the library. Your support, along with the generosity of our local merchants, made it a successful and fun event.

The DRGC also awarded a scholarship to a Valley Regional High School senior who is studying ecology at the University of New Hampshire.

Our annual daffodil bulb sale on family day was a great success and we thank everyone for stopping by. We hope your daffodil's bloom beautifully next spring.

The Deep River Garden club encourages new members. We meet on the third Tuesday of each month at 6:30 PM at the Deep River Ambulance Association on W. Elm St. We welcome anyone interested in joining. You can follow us on Facebook or email us at drgardenclub@gmail.com.

Janice E. Kmetz, DRGC President



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Residents of Deep River...

It is my honor to be running for State Representative to represent you in the Connecticut General Assembly. I believe it is time for new, fresh ideas in Hartford to help turn our state's economy around. Connecticut cannot simply continue on the same path that has led to billion dollar deficits and a mass exodus of businesses, seniors, and young people.

The State of Connecticut could learn a lot from towns like Deep River and the other towns in the 36th District. Deep River is a vibrant community with active civic organizations that display unique pride and patriotism. Folks act responsibly when managing their family budgets, commit to helping others in need, and listen to the concerns of all residents. I promise to bring those same values to the Capitol as your State Representative.

I will work tirelessly for you by providing **common sense leadership** when dealing with the state's true long-term budget problems instead of simply supporting short-term fixes. I will support proposals that **improve business confidence**, so that entrepreneurs can expand and create new jobs. I will **oppose tax increases** because higher taxes will be detrimental to economic growth in our state.

I hope to have your support on November 8th! Thank you.

Sincerely,
Bob Siegrist
For State Representative – 36th House District

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Deep River Housing Authority

Will you still need me, will you still feed me when I'm sixty-four?

The immortal words of the Beatles song ring true for lucky seniors in the area. Kirtland Commons can be the answer for seniors over the age of 62 who can no longer afford to stay in their homes or just can't do the maintenance any longer. Kirtland Commons, Deep River's senior and disabled income based housing, located at 60 Main Street is a property operated by the Deep River Housing Authority (DRHA).

DRHA is excited to begin our quarterly reporting in the Deep River News. Have you ever noticed the building next to River Wind Antiques and wondered what it was? Let me introduce you to Kirtland Commons. The current building houses 26 one bedroom apartments and beautiful common space areas that are available to qualified area seniors (aged 62 and over) and disabled persons. We have broken ground for an 18 unit expansion with an anticipated completion of late spring or early summer of 2017.



There is an open application period each year beginning June 1st. This year the application period closed on July 31st. Eligible applicants are placed into a lottery for placement on the waiting list. When a unit becomes available, the next person on the waiting list is contacted and offered the apartment. This process continues until a person accepts the apartment. Those that are not ready to move when offered an apartment have the option to move to the end of the entire list or be removed from the list. Current wait list time varies, but on average tends to be about 2 years. So if you have an interest, get on the list as soon as you are eligible, you can always turn an apartment down.

Joann Hourigan has been the Executive Director for over 23 years, since the facility first opened. She maintains a beautiful facility and creates a homey atmosphere. Kirtland Commons is not your average subsidized housing facility. Joann goes above and beyond in all she does for the residents.

Although Kirtland Commons resides on town property, the facility is owned by the Connecticut Housing Finance Authority and is largely governed by state regulation and through the CT Department of Housing (DOH). DOH also provides funding for rental assistance and development and maintenance of the facility. DRHA was awarded a \$1 million dollar recoverable grant and a \$3.2 million dollar non-repayable grant to complete the current renovations of the existing facility and build the new addition.



Joanne Hourigan (Right) with resident Charlotte Thorpe

Kirtland Commons is proud of the many programs that are offered and available to all local seniors aged 62 and over. Some of the available programs are listed below.

Monday and Wednesday Meal Program Area residents aged 62 and over are welcome. Meals include: main course, coffee/tea/iced water and dessert. The suggested donation is \$5.00. Reservations must be made by calling 860-526-1707.

Self Improvement Classes are free and are available to area residents age 62 and over. Registration is required and class schedules are posted at Kirtland Commons and the bulletin board at Town Hall. DRHA also has a Facebook page which lists events and contact information at <https://www.facebook.com/KirtlandCommons> We are currently developing our own webpage which will be accessible via a link on the Town of Deep River website. Recently offered classes included: Chair Yoga, Art, Tea-cup Gardening, Writing, and Crocheting.

Entertainment Programs include discounted theater tickets as well as meal and entertainment events (examples: barbeques, Mardi Gras, Christmas party, seafood feasts with music and entertainment). These events are posted in the same locations as the classes.

Deep River Housing Authority, cont.

DRHA collects returnable deposit bottles and cans at the town dump. We redeem them at SARA in East Haven and the proceeds benefit DRHA's discretionary fund which funds improvements and programs as well as provides emergency assistance. SARA also benefits, so your bottle and can donations benefit two great organizations. Just drop your rinsed returnables in the appropriate containers at the dump.

With the next edition of the Deep River News, we are planning to kick off a "Meet the Residents" corner which will feature a story about one of our residents each quarter. We have some interesting residents and feel that seniors are a valuable resource who are sometimes overlooked, undervalued or misunderstood. By sharing their stories, we hope to encourage town folks to get to know and value our seniors and instill kindness and patience.

If you have any questions regarding any of the information, please contact Kirtland Commons at 860-526-5119.



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Troop 13 – Chester/Deep River Boy Scouts

Troop 13 – Chester/Deep River Boy Scouts Hike 70 Miles at Philmont Scout Ranch– Cimarron, NM

On June 25, 2016 nine Boy Scouts and three adult leaders from Troop 13 Chester/Deep River flew to Denver, CO to begin their 14 day adventure. After landing at Denver International Airport we boarded busses and enjoyed two days getting used to the change in elevation. We took a train tour of Pikes Peak, the US Air Force Academy, and went white water rafting on the Arkansas River on the way to Cimarron, New Mexico.



Chester/Deep River Boy Scouts Troop 13 on the trail to Baldy Mountain, at Philmont Scout Ranch Cimarron, NM. Front Row: Alex Toles, Alec Hoehnebart, Michael Berardis, Ryan Douglas, Sam Rutty, Cooper Robins, George Trapp Back Row: Mike Rutty, James Rutty, Dean Kollmer, Ed Lenz, Vic Hoehnebart

We spent 12 days at Philmont (2 days at base camp, 10 days on the trail) Once we arrived at Philmont Scout Ranch; we met our ranger, did a gear shakedown, watched the opening campfire, and got ready for the trail at base camp. The second day we left base camp and bused to Ponil Turnaround and headed to Sioux Camp. The next day we headed to Dan Beard and did challenge events which tested our teamwork skills. On the fourth day, we hiked through the Carson National Forest and past cattle herds to get to Seally Canyon where we learned about search & rescue. The next day we hiked past the Ring Place to get to Whiteman Vega. At Whiteman Vega we conducted our service project, which was building a mountain bike berm on the bike trail at that camp. The next two days we did low impact camping at Iris Park and Upper Greenwood. We then hiked to French Henry to pan gold and go on a mine tour. We arrived at Baldy Town that day and prepared to hike Baldy Mountain the next day. We hiked up Baldy Mountain (12,445') and experienced winds in excess of 50mph. We hiked back to Baldy Town to get ready for the next day. We headed to Miranda to shoot muzzle loading rifles and pick up the two burros (donkeys). The burros were quite

the experience and tested our patience. We arrived at Baldy Skyline for the night. The next day we headed to Ponil. We dropped off our burros, had the chuck wagon dinner, and watched the cantina show that night. The following day, the last day on the trek, we rode horses and shot various firearms at the Cowboy Action Shooting. We hiked back to the Ponil Turnaround and got on a bus and headed to base camp.

The memories we had at Philmont are unforgettable. Many of us wish we could go back to Philmont.

James Rutty, Troop 13 Junior Assistant Scoutmaster

Troop 13 Boy Scouts serves the boys ages 11-18 of Chester and Deep River. The purpose of the Boy Scouts of America is to help young men develop their character and life skills all while having fun. There is much emphasis placed on assisting these young men to develop into strong healthy citizens who will lead our communities and country in the years ahead. The Boy Scout methods help to promote these ideals through the challenge of putting them into practice with the Troop Program. This is done in a way that is both challenging and fun.

Summer Camp 2016



Chester/Deep River Boy Scouts Troop 13 preparing for the daily flag ceremony at June Norcross Scout Reservation in Ashford, CT. July 2016

Troop 13 attended June Norcross Webster Scout Reservation in Ashford, CT for Summer Camp on July 18-22. The boys enjoyed swimming, boating, archery, sports, and camping. 22 Scouts earned 84 merit badges during the week. Here is a sample of what they earned: Archery, Canoeing, Swimming, Archeology, Small Boat Sailing, Sustainability, Robotics, Leatherwork, Metal Working, Fishing, Camping, Rifle & Shotgun Shooting. Four Scouts completed the COPE and Climbing Program and Five completed the Paul Bunyan Woodsman Program and two completed the ATV Powersports Program.

Troop 13 – Chester/Deep River Boy Scouts, cont.

New Eagle Scouts

Troop 13 has been busy this year with five Boy Scouts completing their Eagle Scout Service Projects. Please join us and congratulate our newest Eagle Scouts: Benjamin Toles, Andrew Myslik, Adam Dalterio, Jacob Beaulieu, and Alexander Maxwell VI of Chester. This summer several Boy Scouts from Deep River and Chester have been working on Eagle Scout Service Projects too.

Information

To learn more information about joining Troop 13 please contact our Scoutmaster, Steven Merola @ 860-526-9262

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Deep River Parks and Recreation

Fall is here, that means winter basketball is right around the corner. Registration is now underway for all grades, K-12. The deadline is fast approaching so don't delay in getting your paperwork in to the Parks and Recreation Office. Forms and additional information can be found on the Town's web site. The season will run from November 14th through March 4th 2017.

Our popular 5th-6th grade theater program recently held try outs for the production of "Big Bad Musical" which will be performed at the Deep River Town Auditorium the weekend of February 4 -5, 2017. We have many talented youth in Deep River so make sure to come out and catch a performance of this "howling courtroom comedy".

In early September, we had a wonderful turn out for the annual 22nd 5K run/walk and 1 mile fun run. Always held the morning of the annual Deep River Merchant Association's family day, the run attracted over 200 participants. The day concluded with a spectacular fireworks display at Plattwood Park, sponsored again by a generous donation from Haynes Materials and Whelan Engineering. This year we welcomed DJ Mike Prodoti who entertained the large crowd with a wide variety of music and had everyone dancing! The DJ was again sponsored by the Deep River Lions Club.



The annual Halloween parade, costume contest and pumpkin display was held on Friday, October 28th. It was a really fun evening which brought out some very creative costumes and creatively carved pumpkins. Following the parade, the participants enjoyed a spectacular magic show by Tom O'Brien in the Deep River Town Hall Auditorium. New this year, a free movie aimed at the older set, was shown. The frightening movie, Poltergeist, rated PG-13, certainly put everyone in attendance in the Halloween spirit!

A big thank you to our town police officers, our Resident State Trooper and the fire police who continue to provide their services to insure that all the participants to our programs and events remain safe.

The Commission continues to sponsor many bus trips throughout the year. Our trips in 2016 have taken people to the Hartford Garden show, to "Kinky Boots" on Broadway, to the JFK Museum in Boston complete with a DUCK tour, to the 911 Museum and Memorial in NYC and most recently to the iconic Statue of Liberty and Ellis Island.

Our remaining trip of the year is filling up fast! Don't delay, sign up today! On Wednesday, December 14th, jump on the bus and join us at the Radio City Christmas Spectacular featuring the Rockettes. You will enjoy free time on your own to enjoy the beautiful holiday decorations throughout the city.

See all the details on the town's web site and sign up today! Spaces are always limited. Looking ahead, we are planning a trip to see the return of "Cats" on Broadway on March 14th 2017. Tickets make great holiday gifts! Our Broadway bus trips always fill up fast so don't miss out on this one!

Rounding out the year will be the Annual Holiday Stroll; Save the date of Saturday, December 3rd. We will again offer free horse and carriage rides, the DRES chorus will again be here to entertain with some lovely holiday selections and as always, we will have a special visit from Santa Claus. We will again sponsor the house decorating contest for those who live along the carriage route as well as the gingerbread house contest. Start planning your creations!

Looking back, our summer was a busy one. In June, we held the 8th annual Deep River carnival at Devitt Field. The carnival brought out hundreds of local families who enjoyed this summer tradition. New food vendors were added with the plan to do more in 2017.

Our summer concert series concluded on Thursday, August 18th, when Charter Oak performed at the Town Landing. The series ran for nine weeks and was well attended each week. We were lucky as Mother Nature only forced two concerts indoors! The complete concert line up included the following bands- White Eyed Lizard Band, The Meadow Brothers, Java Groove, Brad & Brian, The Moving Target Jazz Band, UHF and the Jim Shepley Band. Thanks to all of the area restaurants who served up their tasty food items during the concerts for all to enjoy.

Deep River Parks and Recreation, cont.

The Commission continued to sponsor the 'Misfit Cruisers' Cruise night at Plattwood Park. Weather permitting, every Tuesday through September 13, 2016 starting at 5 pm the antique, classic and unique cars would fill up the park and enthrall the hundreds of spectators who would show up to enjoy the cars, the conversation and of course the delicious food served up by Chris' Hot Dogs. The Misfit Cruisers sponsored a free concert during a June show as a way to bring people to the show and raise money to continue former First Selectman Richard (Smitty) Smith's vision for the park. Almost \$1000.00 was collected and deposited into a fund that will be put towards items needed to complete Smitty's vision such as a scoreboard, bleachers, benches and lighting at the new ball field as well as other park improvements that he had been proposing. Thank you to all who contributed.

Our always popular 'movies on the beach' series concluded on August 19th. Many enjoyed the free family movies shown every Friday night in late July and August by spreading out a blanket or setting up lawn chairs. Some families spent the whole day at the park playing basketball, swimming or climbing on the playground before settling down to catch the featured movie with friends. This year our selections were: Guardians of the Galaxy, Secretariat, The Lego Movie, and Minions.

The Parks and Recreation's summer youth camp was extended to eight weeks, from June 20nd to August 12th. It was very popular this year and was filled to capacity every week. The camp ran from 9:00-3:00 with a pre-camp and an after camp care option available. There was also an option to enroll for a half-day camp session; either 9:00-12:00 or 12:00-3:00. The campers enjoyed field trips to Launch Trampoline Park, Hammonasset State Beach, Mystic Aquarium, Beardsley Zoo, Bushy Hill Nature Center, Branford Sportsplex, the Connecticut Science Center and to Harvey's Beach. The campers enjoyed two days a week at Plattwood Park as well as many fun games and activities around downtown Deep River on the days that they were based at Deep River Elementary school. One of the most popular activities again this year was the camp wide 'lemonade wars'. The camp was divided up into four groups and each group set up a lemonade stand in a different area of town. The groups competed to see which stand could sell the most. All the money was pooled together and the kids were

treated to ice cream at the Main Street Sweet Shoppe! Thank you to all who supported the kids by buying a cup of lemonade.



At Plattwood Park this season, we welcomed a new food vendor, Deep River Dog House. We hope you had a chance to try their tasty hot dogs and hand cut french fries! We received positive comments from residents and visitors alike as it was a nice addition to the park. Deep River Little league baseball continues to enjoy the new ball field and we receive many compliments on the new fitness trail that is used by several people daily.

We are excited that after years of hard work with various fundraising efforts we recently were able to purchase a new playscape for Devitt Field. The new structure will replace the old, outdated and rusty one currently at the park. Installation was scheduled for late October so hopefully by the time you are reading this, it will be in and being enjoyed. Thank you to all who supported this goal over the years and of course a big thanks to the Board of Selectman and Board of Finance who realized that this park improvement was indeed a necessity.

The Commission is always looking for ideas and input from town residents. Give us a call or send an email if you have a program or bus trip idea in mind. Better yet, consider joining us. Currently we have vacancies on the board. We need your help to keep all these exciting programs going!

Don't forget to check us out on the town's web site to keep up on all our latest news and programs!



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Deep River Elementary School

Deep River Elementary School has been hard at work this summer, and, with the successful conclusion of our Celebrate Learning Summer Program, we are incredibly excited to start the 2016 – 2017 school year.

Teachers and staff are eager to get under way as we come together with our colleagues in Chester, Essex and The Region 4 School System to move forward with our work on Strategic Planning, to integrate 1:1 technology access for students, and to expand the implementation of the Foundations literacy program to second grade. We will also be piloting math resources at various points in the year in grades K – 5 to help determine what can best support our students and their learning. This year is sure to hold to our belief of collaborative and continuous improvement at DRES and in Region 4 as a whole.

We are incredibly grateful to the town of Deep River for their ongoing support of the school. This summer First Selectman Angus McDonald Jr. and the town as a whole worked in collaboration with the school as capitol improvements were made to the building. The ongoing summer work will help to support student safety as well as overall building efficiency.

Teachers were officially back in the final week of August but many of them had been in the building since the beginning of August preparing their rooms, sending letters to their incoming students, and planning instruction for the year to come. The first official day of school was August 31st, when we welcomed over 270 students to start our school year.

Christian Strickland, Principal

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Connecticut River Area Health District

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Does an apple a day, really keep the doctor away? Well, people who eat more vegetables and fruits as part of an overall healthy diet are more likely to have a lower risk of getting chronic diseases. In addition, a healthy diet can protect an individual against certain types of cancers and reduces the risk of obesity. Fruits & Veggies – More Matters is a health initiative focused on helping Americans increase fruit & consumption for better health.

According to the U.S. Departments of Agriculture and Health and Human Services' Dietary Guidelines for Americans, Americans should make half of their plate fruits and vegetables for meals and snacks, as demonstrated by the MyPlate nutrition guide (www.choosemyplate.gov). Parents should also get their children involved in the shopping, cooking, and eating of healthy foods. Furthermore, fruits and vegetable are very convenient and are nutritious in any form, whether they are fresh, frozen, canned, or dried.

Fruits and vegetables provide fiber that helps keep the digestive system happy and are rich in vitamins and minerals that help the body feel energized. Given the increase of chronic diseases among all age groups, maintaining a diet rich in fruits and vegetables is the key to improving the health of our population. So junk food go away, because fruits and veggies are here to stay!

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Deep River Historical Society

Exciting events continue at the Historical Society Museum through the late summer and fall. This summer the highlight has been the newly designed Marine Room and the history making aspects that have formed our town.

Looking ahead we are planning several events that should bring enjoyment to adults and children alike. Look for our announcements for our part in Deep River's Family Day. As a precursor we will have Thomas Elliott display his antique wood carpenter planes at the Carriage House and describe their importance in the manufacturing in town.

The Chester, Deep River and Essex Vintage Baseball game will be at Devitt Field on September 18 where the old fashioned rules will set the stage for what has become a fun competition day for all.

In November we will be having our second annual Bourbon & Bubbles event at the Carriage House. This is a fund and (fun raiser) for our society to help finance events and operational expenses of maintaining both the Stone and Carriage Houses and their grounds. Look for more details to follow.

If you are looking for things to entertain house guests the weekend after Thanksgiving the society has a suggestion. We will be having a precursor to the Festival of Trees. In the Stone House local resident and trustee member Frank Santoro will again be setting up his Lionel "O" gauge train display in the Marine Room at the Stone House. This year we are encouraging more children to come and help run the train and perhaps even bring some of their father's or grandfather's antique trains to run on the layout. This is a hands-on event for the family.

Then our special event of the Festival of Trees will again be a feature of the town's Christmas Stroll event. Trees will be decorated for viewing and judging all adding holiday spirit to the town. This event has grown in the past few years and many businesses and community groups partake in it. Look for more details to follow on that in local papers.

Thomas Elliott, well-respected local architect, presented an interesting program on the Planes of Winthrop on Wednesday Sept. 14, 2016 in the Carriage House. Tom displayed woodworking antique planes that were manufactured in Winthrop that helped Deep River develop this aspect of history. Tom has presented this talk in both Chester and Essex and we were extremely fortunate to have him present this to us. Tom was born in Chicago and attended the University of Illinois. He has a fascinating family history in the local area that generations of ancestors trace back to the 1700's. Tom's Half House Farm was originally built in 1735 and has gone through several restorations since then. He presently has 85 acres of land at his farm where he lives with his wife Gloria and where they raised their family. This promises to be a very informative and interesting evening.



Thomas Elliott discussing some of his antique wood planes in the Munson Room at the Stone House Museum.

Thomas Elliott discussing some of his antique wood planes in the Munson Room at the Stone House Museum.

DRJA is seeking new members!



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Food as Medicine in the Fall Season

Welcome to bountiful Autumn!

This is a time when we are pulling inward with our activities and also the energy (Chi) of the body. It is the beginning of the Yin properties of gathering, storing and contemplation.

If we look at the human species in the last thousand years we would have been very busy creatures sowing, planting, hunting and harvesting.

Only in these last 100 years we have developed refrigeration and trucking which has not given the body and its digestive function time to catch up with this evolution. It is no wonder that we could feel out of balance, tired and stressed with our very complex diets and work schedules.

In TCM (traditional Chinese Medicine) there are very specific exercises (Qi Gong) and dietary principles that help to keep us aligned with the seasons and our emotions. Perhaps you might consider joining a T'ai Chi class for fall and winter to help with sadness common in this season of darkness?

It really only takes small changes in what we eat, think and do that can make significant improvements to our health both physically and emotionally.

Autumn is the metal season and guards the energy of the lungs and large intestine. Its emotion is grief and the color is white or silver.

This grief relates to our judgments and actions.

When the metal element is distorted, judgments can be cruel. People may be self righteous and overly judgmental of others. Overbearing judgment can lead to punishment and penalties instead of upholding righteous actions.

Honoring our grief involves mourning EVERY loss we feel, BIG or SMALL. What we "ought" or "ought not" feel with righteous actions.

Some common signs of an imbalance in this system might include: Swollen tonsils, dry skin or rash, nasal mucous, dry constipation, neurotic behavior, judgmental or holding grudges, achy stiff neck and or shoulders. Cough, cold, chills, runny nose, aversion to wind.

Luckily for us, the autumn is harvest time giving us so many wonderful choices for food: Apples, pears, peaches, late corn, oats, broccoli, pumpkins and gourds, potatoes, leeks (any onion) Fennel, garlic and pungent foods are highlighted.

Chili peppers, horseradish, cinnamon, cloves, peppers. All root vegetables. Foods should be cooked and very little raw eaten. If you visit a local farmers market and purchase the foods that are locally grown there are huge benefits to your health and it takes the entire guess work out.

If it is locally grown it is almost guaranteed to be a healthy choice in which ever season you are eating.

The practice of Energetics of food is the study of food as a healing medicine. When we are eating seasonally, organic and still sick this practice can really shift the energy patterns and many times leads to complete healing. Sometimes eating healthy can actually exasperate problems and simply deleting or adding other foods to our diet can really jump start healing.

I offer a class at the restaurant each season discussing each energy/organ system so stop by and check it out.

Lastly:

You might consider using a few Feng Shui tips for your environment as well, White roses in a silver vase for the table. White sheets or throw pillows and mirrors or crystal make a room more metal. Wearing white (especially a scarf around the neck) can feel wonderful in this season.

My mother used to say "keep your throat and kidneys covered from fall to spring" and that is powerful advice.

As with all things this is with balance and moderation for optimal health. Enjoy this season of bounty with balance and joy in your heart!

Be well,

Hedy

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Deep River Meetings on Television and Online

Watch our Town government in action on television **Sunday evenings at 6:00pm** when Board of Selectmen meetings and Board of Finance meetings are broadcast on **Cable channel 19**. Board of Selectmen meetings are held on the second and fourth Tuesdays of each month and are recorded for broadcast on the following Sunday evenings. The Board of Finance meeting is held on the fourth Tuesday and is broadcast with the Board of Selectmen's meeting on the following Sundays.

You can also view the meetings online at any time. Go to the Deep River web site (www.deepriverct.us) and on the homepage under "Quick Links" select "View meetings online." On the link you can select meetings by date.

Occasionally, other town meetings are also broadcast such as Special Town Meetings and Public Hearings.

Following the broadcasts, discs of the meetings are available in the Deep River Public Library.

Anyone interested in helping with the recording and broadcast of these meetings is welcome please contact Margo at 860-526-8933. A short training session at the Valley Shore Community Television studio in Westbrook is required to become familiar with the equipment used.

Broadcasts are sponsored by the Deep River Taxpayers Association to make municipal business and discussions available to a wider audience of citizens.



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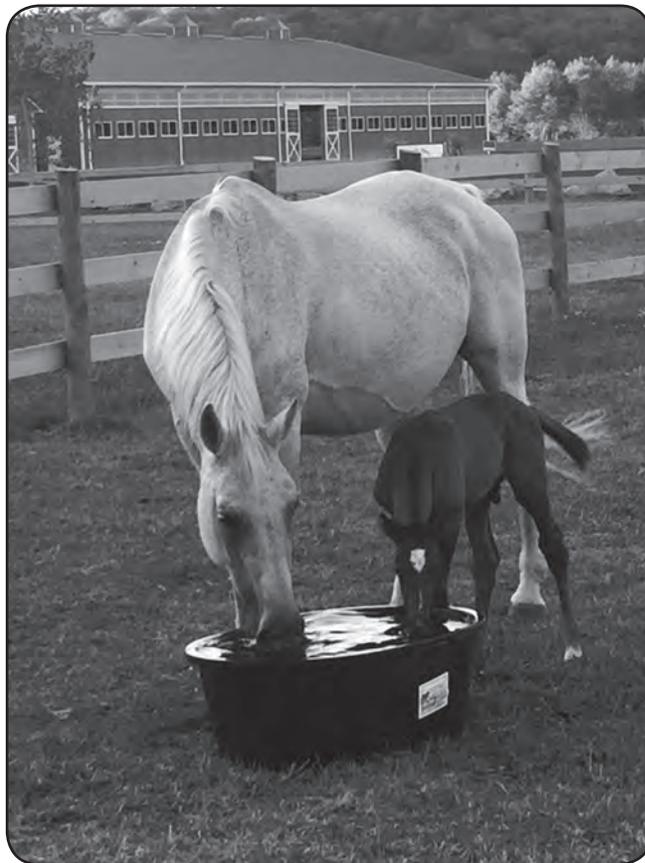
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Larimar Show Stables

As you may have notice there are some new residents in Town. The new Larimar Show Stables located on Bahr Road across from Plattwood Park. The stables and arena area getting close to completion and a few of the horses are being boarded temporarily in a stable just down the road.

Just after Family Day in September baby Blue was born and both Mom and Blue are doing great.

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Board & Commission Meetings

Board of Selectmen

2nd and 4th Tuesday of the month at 6:30 p.m.

Board of Finance

4th Tuesday of each month at 7:30 p.m.
Chairperson: George Eckenroth

Board of Assessment Appeals

March and September
Date & times to be announced.
Chairperson: Mark Reyher

Conservation & Inland Wetlands Commission

2nd Thursday of each month at 7:30 p.m.
Chairperson: Alan Mizejeski

Community Health Committee

1st Tuesday of each month at 7:00 p.m.
Chairperson: Russell G. Marth

Deep River Elementary School Board of Education

3rd Thursday of each odd numbered month
(except for July) at 7:30 p.m.
at the elementary school. Joint meetings with other Region 4
boards during even-numbered months at JWMS
Chairperson: Michelle Grow

Design Advisory Board

4th Thursday of each month (as needed) at 6:30 p.m.
Chairperson: Alan Paradis

Deep River Town Hall Auditorium Management Committee

3rd Monday of each month at 7:00 p.m.
Chairperson: Carol Jones

Library Board of Trustees

2nd Monday of each month (except for July) at 7 p.m.
at the library.
Chairperson: Michelle Emfinger

Park & Recreation Commission

2nd Wednesday of each month at 7:00 p.m.
Chairperson: Justin Waz

Planning & Zoning Commission

3rd Thursday of each month at 7:30 p.m.
Hearings may be scheduled separately.
Chairperson: Bruce Edgerton

Regional 4 Board of Education

1st Thursday of each month, except July and August.
Meetings are at 7:30 p.m. at John Winthrop Middle School.
Chairperson: Chris Riley

Board of Fire Commissioners

1st Monday of each month at 7:00 p.m. at the Fire House
Chairperson: William Spitzschuh

Water Pollution Control Authority

1st Monday of each month.
Meetings are at 7:30 p.m. at the Treatment Plant.
Chairperson: Ted Mackenzie

Zoning Board of Appeals

3rd Tuesday of the month at 7:30 p.m.
(only when there is a case to be heard.)
Chairperson: Don Grohs

Note: If a scheduled meeting falls on a legal holiday, check with board of commission for rescheduled date.

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860-526-6020
selectman@deeperiverct.us
Mon.-Fri. 8am-12pm & 1pm-4pm

Assessor's Office

174 Main Street
860-526-6029
assessor@deeperiverct.us
Mon.-Wed. 9am-4pm, Thurs. 9am-6:30pm,
Fri. 9am-12pm, Closed every day 12pm-1pm

Building Department

174 Main Street
860-526-6025
buildingdept@deeperiverct.us
Mon.-Fri. 8am-3pm

Conservation & Inland Wetlands

174 Main Street
860-526-0082
Mon. 9am -11am & Wed. 9am-12pm

Public Works Department

206 Winthrop Road
860-526-6032
Mon.-Fri. 7am-3pm

Elderly & Social Services

Rosie Bininger
56 High Street
860-526-6033
drsocalservices@deeperiverct.us
Tuesdays, 9am-12pm, Thursdays, 1pm-4pm
and by appointment

Fair Housing Officer

Richard Smith
174 Main Street
860-526-6020

Parks & Recreation

174 Main Street
860-526-6036
parkandrec@deeperiverct.us

Planning & Zoning

174 Main Street
860-526-6030
zoning@deeperiverct.us
Mon. & Wed. 8:30am-12pm

Registrars of Voters

174 Main Street
860-526-6059

Water Pollution Control Authority

99 Winter Avenue
860-526-6044
plewis@deeperiverct.us
Mon.-Fri. 8am-4pm

Tax Collector

174 Main Street
860-526-6028
taxcollector@deeperiverct.us
Tuesday-Wednesday 9am-12pm &
1pm-4pm & Thurs. 9am-12pm & 1pm-
6:30pm. During July & January we are
open 5 days a week.

Town Clerk

174 Main Street
860-526-6024
townclerk@deeperiverct.us
Mon.-Wed. 9am-4pm, Thurs. 9am-6:30pm
Fri. 9am-12pm

Social Services

56 High Street
860-526-6033
drsocalservices@deeperiverct.us
Tues., 9am-1pm, Thurs., 1pm-4pm and
by appointment

Transfer Station

220 Winthrop Road
860-526-6047
Wed, Fri, Sat, Sun. 8am-4pm

Visiting Nurses of Lower Valley

61 Main Street
Centerbrook, CT
860-767-0186
Mon.-Fri. 9am-4pm

Regional District #4 Superintendents Office

1 Winthrop Road
860-526-2417 x1
jrbryan@reg4.k12.ct.us
www.reg4.k12.ct.us

Deep River Elementary School

12 River Street
860-526-5319
School Nurse ext. 1
www.reg4.k12.ct.us

John Winthrop Middle School

1 Winthrop Road
860-526-9546
www.reg4.k12.ct.us

Valley Regional High School

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860-526-5328
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Public Library

150 Main Street
860-526-6039
srooney@deeperiverct.us
Mon. 1-8, Wed. 12:30pm-8pm, Tues.,
Thurs, Fri. 10am-6pm, Sat. 10am-5pm,
Jul. & Aug. 10am-2pm

Kirtland Commons Housing Authority

Joann Hourigan
60 Main Street
860-526-5119

Ambulance Association

284 West Elm Street
860-526-6043 (non-emergency)

Fire Department

57 Union Street
860-526-6042 (non-emergency)
Winthrop Station
409 Winthrop Road
860-526-6041 (non-emergency)
info@deeperiverfd.com

Fire Marshal

174 Main Street
860-526-6020 (non-emergency)

Resident Trooper's Office

174 Main Street
860-526-6027 (non-emergency)
police@deeperiverct.us

Troop F - State Police

Westbrook, CT
860-399-2100 (non-emergency)

Animal Control

174 Main Street
860-767-3219 ext. 2
860-526-6020 (non-emergency)
selectman@deeperiverct.us

Tri-Town Youth Services

56 High Street
860-526-3600
ttypsb@aol.com

Deep River Post Office

225 Main Street
860-526-5970

Connecticut River Area Health District

445 Boston Post Road, Suite 7
Old Saybrook, CT 06475
860-661-3300
Mon.-Wed. 7:30am-4pm, Thurs. 7am-7pm,
Fri. 7:30am-12pm

Land Trust

P.O. Box 101
drlandtrust@gmail.com

Fountain Hill Cemetery

57 High Street, P.O. Box 263
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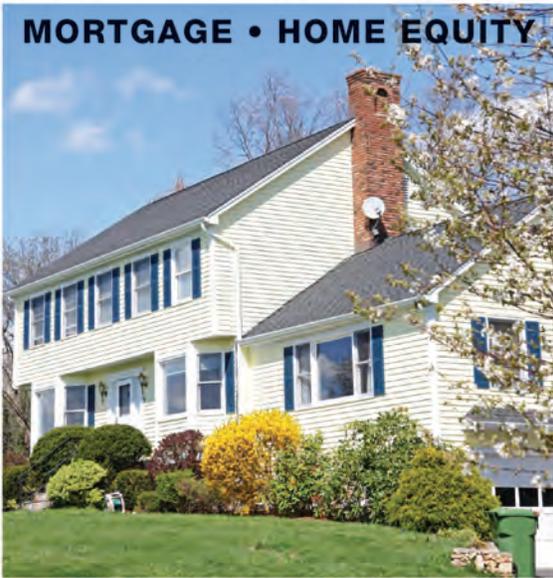
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